

Pre-Register for Fitness Class

Step 1: Log in to Wellness Portal

Go to: portal.wellnessconceptslive.com

Yes

Is this your first time logging in?

No



HEALTHY BODIES
ACTIVE MINDS
Columbus City Schools



HEALTHY BODIES
ACTIVE MINDS
Columbus City Schools



Login Username: Employee ID#

Password Password: welcome

Login Username: Employee ID#

Password Password: Your personal password

Forgot your password?

Click on the link titled "Forgot Your Password?" and follow the instructions. **Enter in your CCS email.**

Forgot your password?

Login

Read the waivers if prompted

Scroll down and read through the waivers. **To consent, check the box at the bottom of the page and click Save.**

I want to participate in this cooking demo/nutrition presentation. I recognize that it could present potential hazards including allergic reactions and other injuries as a result of activities, products and equipment used. By participating in this cooking demo/nutrition presentation, I for myself, my heirs, personal representatives do hereby release and covenant not to sue ALYFE from any and all damages, causes of action, claims and liability that might arise from my participation in this activity.

By checking this box, I am verifying that I have read and agree to the terms and conditions of both the BWC and Alyfe waivers. I understand that this pertains to my participation in onsite CCS Wellness programming.

Save

Follow the prompts to complete

You are now logged on to the Wellness Portal.
Continue to next page to register for a fitness class

Pre-register for Fitness Class

Step 2: Register for a fitness class

After logging in, scroll down. Under RECOMMENDATIONS, click on "2019-2020 Onsite Fitness Classes"

RECOMMENDATIONS

2019-2020 Onsite Fitness Classes

Save time by preregistering for an onsite fitness class at a CCS location.

Urban Zen Inter

Urban Zen Integrati holistic wellness pr will provide the tea opportunity to expe techniques to mana

Click **Please select a location**. Choose the fitness class you would like to attend.

Please select a location

- Cedarwood: Yoga
- Central Enrollment Center: Yoga
- Central Enrollment Center: Zumba
- Colerain ES: Yoga
- Devonshire ES: Cardio Hip Hop
- East Columbus Elementary: Zumba
- Georgian Heights: Yoga
- Sherwood MS: Cardio Hip Hop
- Sullivant ES: Total Body Circuit

Please choose a location above to see date and time options.

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Click **Choose a Date**. Choose the date you would like to register for.

ment Center: Yoga

Please make a date selection above to choose a session time.

Choose a Date

- Oct 7, 2019
- Oct 14, 2019
- Oct 21, 2019
- Oct 28, 2019
- Nov 4, 2019
- Nov 11, 2019
- Nov 18, 2019
- Nov 25, 2019
- Dec 2, 2019

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Click on the blue (+) next to the time of the class. You are now registered for fitness class!

Available sessions

Central Enrollment Center: Yoga

Oct 7, 2019

Central Enrollment Center: Yoga

430 Cleveland Ave.
Columbus Ohio, 43215

4:45 PM - 5:30 PM

29 seats available

To cancel a fitness class, click on the red X next to the timeslot.